

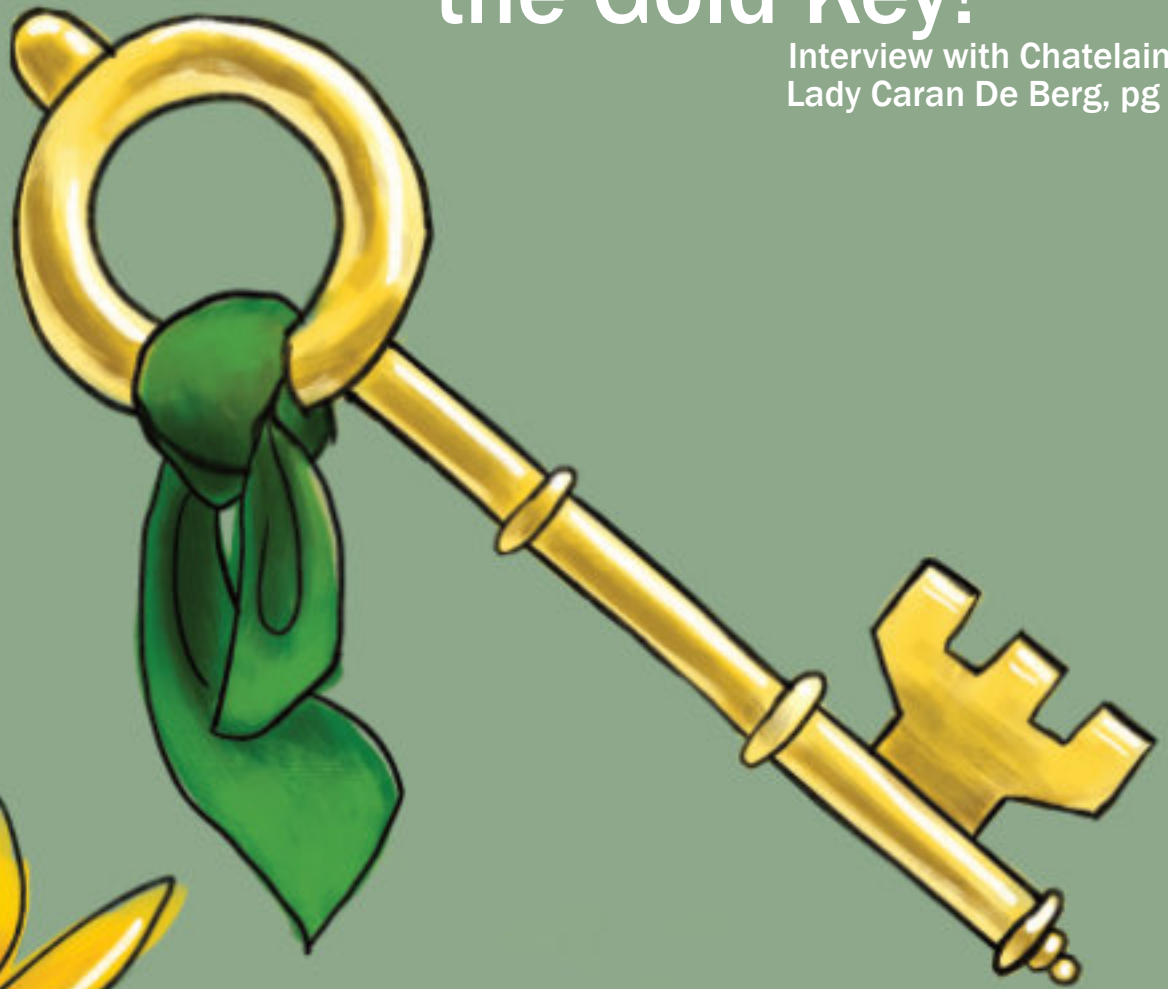


Undercurrents

Barony of Highland Foorde, Kingdom Atlantia - Vol 34, 16 - June AS 55, 2020

Spring Cleaning? Why not donate to the Gold Key!

Interview with Chatelaine
Lady Caran De Berg, pg 9





Bonjorn Highland Foorde!

This month we are debuting the Undercurrents podcast! Every month, we will have the Populace Meeting Minutes and spotlight articles converted to audio, in addition to some musical additions, things to know, and more.

To listen, [click here!](#)

If you'd like to lend your voice to the Barony, please send me an e-mail to assist with future readings for our podcast and I will add you to the list of volunteers!

Yours in service,

Aurri La Borgne
Chronicler of Highland Foorde

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Baronial Monthly Meetings

Populace Meeting: Third Sunday of every month. All meetings are happening via Cisco Webex until further notice

Due to the COVID-19 Pandemic occurring across the Knowne World, all Kingdom Events have been cancelled for the month of June. Please refer to official Kingdom communications and the Kingdom Calendar for up to date cancellations.

Baronial Activities

Northern Atlantia A&S night: June 13th, 6-9pm via Zoom

May Monthly Business Meeting: June 21st 2pm via Webex

Compass Convergence Singers: Sundays in Frederick. Come sing with a group of madrigals! Times and locations change to match the convenience of the attendees. Contact Lady Thorve for more information

Cooks Guild: Brand new! Join Lady Caran in a safe space to discuss historical food facts and food related events within the SCA. No set meeting date or location as of yet. Contact Lady Caran for more information

Neighboring Activities

Shire of Roxbury Mill

Weekly Rapier Gatherings: Wednesdays from 6:30-8pm via Google Meet

Weekly A&S Meetings: Wednesdays from 7:30-9:30pm via Google Meet

Populace Meeting Minutes

Meeting began at 2:03pm on Sunday, May 17th with 9 attendees:
Lughaidh, Harper, Ludwig, Sinn, Thorve, Aurri, Scandal, Mishee, Vilhjelmur,

Officer's Gave the Following Reports



Chatelaine: Lady Caran DeBurg
Not Present

- Cheerleading new folks
- Received an email in regards to a demo location being closed and will be cancelling all summer programs/visitors
- May need to step back as primary Chatelaine due to health
- Listing Guy as her DC



Exchequer: Lady Thorve of Highland Foorde
Present

- Met with previous Exchequer to get access to account
- Waiting on some other reports/items from him
- \$12,648.43 in Baronage account
- Exchequer 101 was completed, waiting on TRM signatures



Knight's Marshal:

Sir Gaius Tascius Severus Fabianus
Not Present

- Social distancing in place, no meetings have occurred.
- Multiple videos online of heavy fighting/rapier techniques
- Shire of Roxbury Mill has many of their fighting meetings occurring online



Herald: Baron Fergus of Hanna
Not Present

- Still need to get with people to do fine tuning for heraldic submissions
- SCA Herald's group "SCA Heraldry Unofficial Chat" if you are interested in learning about heraldry



Minister of Arts and Sciences:
Lady Harper An Cu
Present

- 6 people came to Virtual A&S
- Knitting, mask making, discussions about fiber arts
- Kingdom A&S Mask Competition was held. Lord Valdis entered 2 masks (he is from HF)

- University is going virtual! No day of registrations, June 5th is deadline
- Self-report any classes you're taking online. Kingdom MoAS would like to know what we are all doing during exile
- Virtual Atlantia Gallery
- Poeta Atlantia competition deadline is 19th. Two poems: one of an emotional high, one of an emotional low



Youth Officer - VACANT

- Lughaidh: if you are interested in this position, please contact me so we can get started on your background check



**Chronicler:
Aurri La Borgne
Present**

- Looking to do an audio version of the Undercurrents, accepting all volunteers
 - Harper, Tiffany and Tobin have volunteered to assist
- Harper will be send photos of things done during Kingdom A&S
- Doing a focus on Chatelaine/Golden Key



Master of the Lists - VACANT

- Lughaidh: if you are interested in this position, please contact me



**Seneschal: Tiarna Lughaidh O Murchadha
Present**

- Election for Seneschal will occur during the new business portion of the meeting



**Web Minister: Baroness Glynis
Present**

- New website is coming
- Baroness Sinn has seen some of the WIP, says it looks great so far



**Baron and Baroness:
Baron Ludwig & Baroness Sinn
Present**

- Glow-up video was a success
- Registered for some classes during Virtual University, encouraging others to sign up as well
- Still taking award recommendations.

Please send them in

- Everything we do is in order of precedence, will post to the Facebook group

Old Business

- HRM: once an updated membership is received from Michelle, we will go forward with spiking the event for 2021
- Highland Havoc: Mishee is present! Open for discussion until Labor Day to decide on if HH will be happening or not.
 - If schools aren't in session, we shouldn't have HH
 - About 70 people came to the last HH
 - Will be paying very close attention to CDC guidelines
- Thorvé: A specific quartermaster should be voted on for the storage unit to keep track of what we have in The Shed
 - Lughaid has all of Gold Key, $\frac{2}{3}$ of the Iron Key
 - The Shed has pest issues so a lot of the cloth items are not kept in there
 - Items are just spread throughout the Barony at the moment so it will be nice to have it all together
 - Quartermaster is not an electable position, voluntary.
 - Two people are already showing interest.
 - Ad will be created in Undercurrents amongst Golden Key spread
- Baroness Sinn: Policies need to be reviewed and gone over to make appropriate changes
 - Will be calling a meeting with Thorvé and Villhelm virtually to discuss
 - Other Baronages will be looked at to see how they format/write their policies
 - Thorvé will be looking specifically at financial policies

New Business

- Seneschal Election
 - Duties of the Seneschal are included when taking the Seneschal 101&102 classes. If University can not be attended, a regional/Kingdom Seneschal can be contacted to get the information from.
 - Duties can be found in the Book of Laws and Book of Policies. There is also a Seneschal Handbook on the SCA site
 - Jeff has volunteered to advance from Deputy Seneschal to Seneschal
 - Motioned by Lady Harper, Seconded by Lady Thorvé
 - 8 yay, 1 abstain
 - Warrant request will be signed and submitted post meeting

Upcoming Events:

- Check out the **Virtual Atlantia Calendar** to see a current listing of all Kingdom events
 - Scandal: suggests that everyone get a separate SCA named Gmail account so they can copy over the calendar and modify it/keep all SCA things together

Meeting was adjourned at 3:04pm. Motioned by Baron Ludwig, seconded by Lughaidh

Highland Foarde Champions

Arts and Sciences - Baroness Glynis Gwynedd

Archery - Oger Funk

Bardic - Harper An Cu

Brewing - Ethel Lea Mouse

Heavy Fighting - VACANT

Rapier - Urraka al-Tha'labiyya

Thrown Weapons - Galen Telerisson





SATURDAY, JUNE 13

ONLINE UNIVERSITY OF ATLANTIA

ALL students must pre-register
to attend classes for this session.

May 15 = Student Registration Opens
June 5 = Student Registration Closes

UNIVERSITY.ATLANTIA.SCA.ORG

A resource for peers of all levels, the Honorable Clover brings teachers together with those who want to learn, no matter the time or distance! Interested? Click below to join the Facebook Group!

Honorable Clover



All About: Chatelaine and Gold Key

Whenever you attend an event, you'll always see a table with the name "Golden Key." But what is the Golden Key? Who runs it? How can you help? Below you'll find a Q&A I did with our Baronial Chatelaine, Lady Caran De Burg, to learn more about the Golden Key and her position within the Barony.



Aurri La Borgne (AB): Thank you so much for letting the Barony know more about you. Why don't you introduce yourself?

Lady Caran De Burg (LC): Greetings unto the populace of Highland Foorde. My name is Caran De Burg. I'm the Chatelaine for our Barony.

AB: What exactly is the Chatelaine and what are your duties?

LC: The purpose of my office is to be in charge of newcomer relations. I recruit, and organize demonstrations. Demonstrations can take place at fairs, festivals, libraries, schools, camps, and other places. demonstrations are performed by volunteers from our barony. The demonstrations performed vary as much as the skills that are learned within the SCA. As chatelaine I organize clothing and gear that is donated by members of our barony. Clothing is referred to as garb and is made available to newcomers who don't have their own garb yet. Gear that is donated often consists of feasting implements, belts, shoes, purses, and other effects.

AB: Would the garb be considered a tax write-off?

LC: Donations are most welcomed and are tax deductible. Forms can be provided upon request or website addresses can be provided so you can download the forms yourself.

AB: How can a newcomer get garb or gear from you?

LC: Newcomers in need of loaner garb, also referred to as gold key, can request this upon their arrival at any event. Gold key items can also be requested by emailing me by my address provided on our baronial website.

AB: I noticed your Deputy Chatelaine position is vacant. Are you looking for a Deputy? What would their job be?

LC: I'm currently looking for deputy chatelaines to assist me in my duties. This includes upkeep of gold key garb and loaner gear. It also includes organizing demonstrations and being a soundboard for newcomers questions.

To have a more detailed conversation with how you can help or if you're interested in the Deputy Chatelaine position, you can e-mail Lady Caran at info@highland-foorde.atlantia.sca.org



New to the Barony or SCA?

First off, welcome! We are so happy that you are interested in joining our family of revelry and creativity. You can click the links below to find more information on what the SCA is, how it started, and how **YOU** can get started.

New to the SCA

SCA Newcomer's Portal

How to Get Started

What is the SCA?

Become a Member

If we are your local Barony, reach out to our Chatelaine Lady Caran De Burg to get a jumpstart on your participation within the community! In addition to providing resources and information, the Chatelaine can also provide loaner gear such as feast ware, garb, and accessories to new members to use at events.

You can contact Lady Caran by e-mailing her at info@highland-foorde.atlantia.sca.org

How to Recommend an Award

Do you believe someone in the barony or society deserves an award or recommendation? Awards are given based on feedback from members. All members, no matter their current status, are encouraged to provide recommendations to their Crowns.

For award recommendations we have multiple options:

- Email the Baron or Baroness with your recommendation.
- The NEW Baronial Award recommendation system!
- Also Kingdom level recommendations!

Baron Ludwig & Baroness Sinn want to help with awards. Please notify them by email so they may offer input, especially regarding kingdom recommendations.

Repast

When you walk through the grocers, you'll often see a variety of milks. Many of these became commercially available because of the wide range of dietary restrictions we have, but did you know that one in particular has been used for all of history? No I'm not talking about cow's milk, I'm talking about almond milk! Used since the Ottoman empire, almond milk has long since been a shelf stable way for the populace to make dishes creamier and as a replacement for cow's milk during lent. Below is a recipe I've found from www.medievalcuisine.com that includes how to make almond milk as well as a delicious rice dish.

Riso nella miglore maniera

Se vuoi fare riso nella miglore maniera che fare si puote per XII persone, toglì due libre di riso e due libre di mandorle, e meça libra di çucchero. E toglì il riso bene mondo e bene lavato, e toglì le mandorle bene monde e bene lavate e bene macinate e bene colate con istamigna. Toglì il riso, e metti a fuoco in acqua chiara, e quando è levato buono bollire e bene schiumato, colane di fuori l'acqua incontanente, e metti suso quantitate di latte di mandorle; e fallo cuocere insulla brascia da la lunge, e mestalo spesso intorno che non si rompa. E quando s'asciuga, arrogivi suso del latte dell mandorle, e quando è presso che cotto, metti suso quantità di çucchero sopra le scodelle. Se vuoi fare per più persone o per meno, toglì le cose a questa ragione.

TRANSLATION

The best rice

If you want to make rice in the best possible way, for twelve persons, take two libre of rice and two libre of almonds, and half a libra of sugar. Then take the rice, well cleaned and well washed, and take the almonds, well skinned and well washed and well ground and well sieved. Take the rice and put it on the fire in clean water, and when it has reached a full boil and has been well skimmed, drain it immediately and add a quantity of almond milk; and cook it at a distance from the fire, and stir around often in such a way as not to break [the grains]. And when it has become dry, again add a quantity of almond milk; and when it is nearly cooked, add a quantity of sugar. His dish should be with and very thick. And when it is cooked, put sugar over the bowls. If you want to make it for more persons, or for fewer, use the ingredients in these proportions.



Tacuinum Sanitatis published in 14th century Lombardy, Italy.

Modern Interpretation

1 cup rice
4 cups water, hot
1 cup blanched almonds
¼ cup sugar

Bring water to a boil. Grind almonds in blender with hot water in 3 or 4 small batches. Using a cheesecloth, squeeze the almond milk from the processed almonds.

Place rice in pot of water and bring to a boil. Drain water and add almond milk until rice is cover. Stir constantly, add almond milk a half cup at a time until all milk is absorbed. If rice is not fully cooked after all almond milk is used, use additional water (or almond milk). When rice is fully cooked add sugar, mixing in thoroughly. Place in serving bowl and sprinkle with more sugar.



Photo of Almond Milk Rice Pudding taken from The Lifestyle Circle with Claire

The Regnum of Highland Foorde

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Knight's Marshal
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Archery Marshal

VACANT

Rapier Marshal

VACANT

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Minister of Arts & Sciences

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Deputy MoAS

VACANT

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Deputy MoAS Brewing

Lady Ethel Lea Mouse
Crystal Stitely

Web Minister

Baroness Glynis Gwynedd
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Deputy Web Minister

VACANT

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Youth Officer

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Deputy Youth Officer

VACANT

Contact Lughaidh if interested

This is Undercurrents, a publication of the Barony of Highland Foorde, of the Society for Creative Anachronism, Inc. Undercurrents is available from Jessica Gagnon at aurrilaborgne@gmail.com . Subscriptions are free, as all publications are available electronically. This newsletter is not a corporate publication of the Society for Creative Anachronism, Inc., and does not delineate SCA policies.

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Courtesy copies of Undercurrents are provided to their Majesties of Atlantia, Their Highnesses, the Kingdom Chronicler, and the Kingdom Seneschal as requested. All Kingdom Chroniclers are welcome to peruse the electronic version of Undercurrents posted on the Baronial website.

Credits:

- Cover Photo: Aurri La Borgne
- Online University Ad: “Spike” lineart, Isabelle LaFar; Plague mask addition, Master Solvarr;
Ad design, Adriana la Bretonne